



Registration 2021/22 - Key Dates

Drop any Autumn modules that you don't want by **Friday, 12 November 2021**. Your College/School Office can help. **Friday, 12 November** is also the first 2021/22 deadline for withdrawing from your programme or applying for a Leave of Absence. See more on Key Dates.



Healthy Eating Week, 8-12 November 2021 #HEW2021

Virtual and in-person events on themes including nutrition on a budget and food sustainability. Events include taste tests, a chilli eating contest and a virtual cookalong. Lots of prizes up for grabs, more info available on our website!



Ending Period Poverty in UCD Library

We have collaborated with UCD Students' Union and the Dean of Students to provide free period products via dispensers in the women's, men's and unisex/disabled toilets in the James Joyce Library. Find the locations of dispensers on the UCDSU website.



Staying Motivated

Goals can help motivation. At this time of year, it can be helpful to evaluate your existing goals and create some new ones. Here are some helpful tips to keep you motivated. Your Student Adviser is also here if you need advice or help.



UCD EDI Race and Ethnicity Listen and Learn Focus Group for students

The session takes place on **Tuesday, 9 November at 10.30am**, offering an opportunity for people to share their experiences of Race and Ethnicity equality and to identify the opportunities to enhance the UCD environment for people from all backgrounds. The session will be facilitated by Dr Linda Yang, Programme Leader for the Intercultural Development Programme at UCD College of Business. Register today



Be inspired by the 2021 UCD Alumni Awardees!

Register to join a virtual celebration event on **Thursday, 18 November at 7pm (IST)** which will feature the nine inspiring 2021 UCD Alumni Awardees in conversation.



Universitas 21 Internship Information Session

U21 is holding an information session on **Wednesday, 3 November at 4pm** regarding Global Student programmes from internships to seed funding for projects. For more information and registration see our website.



Get Connected! Supporting You with Career Advice and Mentoring.

Did you know that you can join the UCD Alumni Network? Current students can register for an account & meet people from around the world (recent graduates and established alumni) who are willing to give advice or help as a mentor. Join today!





A Bereavement Support Group will commence on **Wednesday, 3 November** from **4pm to 5.15pm** for 5 consecutive weeks in the Harmony Room, UCD Student Centre. For details contact Bronagh.hanna@ucd.ie UCD Student Counselling.



Not sure where to start with 'Networking'? Get Advice from Alumni

Lunchtime Career-Building Webinar Wednesday, 3 November at 1pm - Learn skills to start building quality professional relationships in person and online (e.g. LinkedIn). Start while you're a student and your future self will thank you!





'Enhancing the legal response to climate change through the protection and restoration of ecosystems: the example of rights of nature' by Alessandra Accogli (UCD Ad Astra PhD Candidate). The seminar takes place on **Thursday, 4 November at 11am** in the Harty Boardroom, SSL. If you would like to find out more about our ERC PROPERTY[IN]JUSTICE project please visit our website.

Gaeltacht UCD Welcomes Peter Kavanagh, Méara Áth Cliath Theas/South Dublin Mayor



Cllr Peter Kavanagh will join us on zoom **Wednesday, 10 November, 12.00-12.30pm** to share his experience on 'An Ghaeilge i mo shaol mar pholaiteoir, mar chraoltóir agus mar chomhbhunaitheoir den Pop Up Gaeltacht', followed by a Q & A session. This event will be held though the medium of Irish. Prior registration necessary.

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the Communications Office, UCD Registry.



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